

**FOUNDATION COURSE TIME TABLE FOR PHASE – I MBBS  
ACADEMIC YEAR 2019 – 20**

**Pramukhswami Medical College, Karamsad, Gujarat**

- Total Hours allotted for foundation course as per CISP Guidelines are 175. However in August 2019, the available hours are 163 only because of public holidays. Therefore, the number of hours for enhancement of language/computer skills is 28 instead of 40. We plan to give homework to compensate for loss of 12 hours.

<b>Module</b>	<b>Teaching hours Reflected in our timetable</b>	<b>Requirement as per CISP Guideline</b>
Orientation	30	30
Skill Module	35	35
Field visit to community health center	8	8
Professional development including ethics	40	40
Enhancement of language/computer skills	28	40
Sports, leisure & extracurricular activities	22	22

**PRAMUKHSWAMI MEDICAL COLLEGE**  
**FOUNDATION COURSE**

<b>WEEK 1</b>						
Day	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	01:00 – 02:00	02:00 – 04:00	04:00 – 05:00
	Orientation module – 1					
Thursday (01/08/19)	Introduction to Institution / Campus / Facilities	Registration of students	Welcome address Dean, PSMC; Faculty Dean, SPU	Students' interaction with CEO Core Values	Orientation of parents Dean & Faculty	Hostel stay Anti-ragging Rules Campus Facilities Krupaarogya scheme
	Orientation Module – 2					
Friday (02/08/19)	Role of Doctors in Society	Introduction to AETCOM Module		Health care system & its delivery		Sports
	Orientation Module – 5					
Saturday (03/08/19)	Principles of Family practice (Dr. BV)	Facility visits - Library, Hostels, Sports ground, common room, bank and cafeteria	Extra-curricular activities like debate/public speaking/quiz (11:00 – 01:00)			
	Orientation Module – 3					
Monday (05/08/19)	National Health priorities & Policies (Dr. US)	Universal precautions & Vaccinations (Dr. DK)		History of Medicine & Alternate systems (Dr. BV) Feedback		Sports
	Orientation Module – 4					
Tuesday (06/08/19)	IMG Roles (Dr. PS)		Attendance and Examination pattern in University (Dr. BV)	Overview MBBS curriculum and Various career pathways (Dr. HVP)		Sports
	Orientation Module – 5					
Wednesday (07/08/19)	Principles of Family practice (Dr. BV)			Documents pertaining to MBBS course from MCI(Dr. PS)		Sports

Lunch hours: 12:00 – 01:00

Module details as per MCI CISP

**PRAMUKHSWAMI MEDICAL COLLEGE**  
**FOUNDATION COURSE**

<b>WEEK 2</b>						
Day	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	01:00 – 02:00	02:00 – 04:00	04:00 – 05:00
Thursday (08/08/19)	Skills Module 2					
	Basic Life Support: Interactive Lecture & Video (Dr. HK)			Basic Life Support: Demonstration & Hands on Training (Dr. HK)		
Friday (09/08/19)	Skills Module 2					
	Bio safety concept : Handling specimens of infectious diseases in lab with variety of biosafety levels, Respecting and Handling cadaver & body parts as a part of daily routine - I (Interactive lecture, Demo) (Dr. CM, Ms. PS)			Bio safety concept : Handling specimens of infectious diseases in lab with variety of biosafety levels, Respecting and Handling cadaver & body parts as a part of daily routine - II (Interactive lecture, Demo) (Dr. CM, Ms. PS)		Sports
Saturday (10/08/19)	Skills Module 3					
	Universal Precautions, Needle stick Injury : Accidental sharp injury – prevention and post exposure plans Interactive Lecture & Video(Dr. CP)	Extra-curricular activities Debate Competition (11:00 – 01:00)				
Monday (12/08/19)	Skills Module 1					
	Hand hygiene Interactive Lecture, Video, Demo & Hands on (Dr. SS) (Ms. PS)			First Aid Interactive Lecture, Video, Demo & Hands on(Dr. KV) Feedback		Sports
Tuesday (13/08/19)	Skills Module 5					
	Immunization : Importance of immunizations like HBsAg ,Influenza vaccination Interactive Lecture, Video(Dr. RP) Mechanism to get their own vaccination done Managing their photographs & identity cards issued in batches					Sports
Wednesday (14/08/19)	Skills Module 4				Community Orientation module 1	
	Biomedical waste: Management of Biomedical waste in Hospital -I Interactive Lecture, Video (Dr. CP)(Ms. PS)	Biomedical waste: Management of Biomedical waste in Hospital - II Interactive Lecture, Video (Dr. CP)(Ms. PS)		National health goals & policies, Health care systems / Community health / Orientation to Community visit	National health goals & policies, Health care systems / Community health / Orientation to Community visit	Sports

Lunch hours: 12:00 – 01:00

Module details as per MCI CISP

**PRAMUKHSWAMI MEDICAL COLLEGE**  
**FOUNDATION COURSE**

<b>WEEK 3</b>						
Day	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	01:00 – 02:00	02:00 – 04:00	04:00 – 05:00
Thursday (15/08/19)	HOLIDAY					
Friday (16/08/19)	Professionalism and ethics module 1a					
	Concept of being a doctor (Dr. BV, Dr. SV)	Discussion & Interactive session (Dr. BV, Dr. SV)	Movie screening	Discussion on Movie screening (Dr. BG, Dr. MP)	Sports	
Saturday (17/08/19)	Professionalism & Ethics module 4					
	Life skills as described by WHO	Extra-curricular activities Poster presentation (11:00 – 01:00)				
Monday (19/08/19)	Professionalism and ethics module 1a					
	Professionalism & Ethics (Dr. BG, Dr. AP)	Professionalism & Ethics (Dr. BG, Dr. AP)	Role play on Integrity, Professional competence, Honesty with patients (Dr. BG, Dr. AP, Dr. AN) Feedback	Sports		
Tuesday (20/08/19)	Community orientation module 2 :					
	Community visit: Interactions with health care workers, Patients and families, community					
Wednesday (21/08/19)	Professionalism and ethics module 2					
	Patient and their expectation (Dr. BV, Dr. AP, Dr. AN)	Hospital visit	Doctor patient relationship (Dr. DK, Dr. AP, Dr. AN)	Sports		
Thursday (22/08/19)	Professionalism and ethics module 2					
	Professional behavior and altruistic behavior (BG,AP,AN)	Doctor patient relationship (Dr. DK, Dr. AP, Dr. AN)	Case Vignettes (Dr. DK, Dr. AP, Dr. AN)	Sports		

Lunch hours: 12:00 – 01:00

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**PRAMUKHSWAMI MEDICAL COLLEGE**  
**FOUNDATION COURSE**

<b>WEEK 4</b>						
Day	9:00 – 10:00	10:00 – 11:00	11:00 – 12:00	01:00 – 02:00	02:00 – 04:00	04:00 – 05:00
Friday (23/08/19)	Professionalism and ethics module 3					
	Ethical Issues in Communication (Dr. BG, Dr. AP)			Working in a health care system		
Saturday (24/08/19)	HOLIDAY					
	Enhancement skills module (4,7)					
Monday (26/08/19)	Stress management – Principles (Dr. AP, Dr. AM, Dr. JV) [Interactive ppt, role plays]		Practicing stress management (Dr. BV) [Interaction and practice]	Basic Communication Skills (Dr. AM, Dr. JV) [Interactive ppt; Role play; Games] Feedback		Sports
	Enhancement skills module (1,3,4)					
Tuesday (27/08/19)	Discovering your behavioral style and improving interpersonal relationship (Dr. JV, Dr. AP, Dr. AM) [Feedback of scale, interactive ppt, role plays]			English and local language in Medical Education & Practice - 1 (External Faculty)[Interactive ppt]		Sports
	Enhancement skills module (1,2,6)					
Wednesday (28/08/19)	Time Management (Dr. JV Dr. AP, Dr. AM) [Interactive ppt, time tabling activity]	Basic Computer Skills (External Faculty) [Interactive ppt, hands-on practice]		English and local language in Medical Education & Practice - 2 (External Faculty) [Interactive ppt]		Sports
	Enhancement skills module (5)					
Thursday (29/08/19)	Learning Skills (Dr. AJ, Dr. AP), Peer-assisted learning (PS) [Interaction in small groups; videos; audio; activity; Interactive PPT]			Reflection Skills (Dr. SS, Dr. JV) [Interactive ppt, videos, small group activity for superficial and critical reflection]		Sports
	Professionalism ethics module 1b					
Friday (30/08/19)	Professionalism & medical humanities (Dr. UK, Dr. BG, Dr. MP, Dr. AN)			White coat ceremony(Dr. JM)		
Saturday (31/08/19)	Language and computer Dr. JV					

Lunch hours: 12:00 – 01:00

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